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**June 2014**

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## **Has Your Social Security Disability Application Been Denied? Working Through the Appeals Process**



As many as 85% of [Social Security Disability Insurance \(SSDI\) claims](#) are denied at the application



## SOUTHERN CALIFORNIA

### WORKERS' COMPENSATION BLOG

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stage! Many of these denials are due to inadequate staffing at local Social Security Administration (SSA) offices rather than legitimate disabilities.

***You should always reapply if your SSDI application is denied.*** Before reapplying, double check through your application and denial letter. Verify that the SSA has your complete records and that all your doctors were contacted.

At this point it's a good idea to contact an experienced [Social Security Disability benefits attorney](#). At the Kenton Koszdin Law Office, we have the right expertise to successfully navigate the complex [SSDI appeals process](#). Call us today at **800-438-7734** for a free case evaluation.

### The SSDI Appeal Process – Step by Step

**Reconsideration**: the SSA will assign someone not involved in your initial claim to review your case. If the Reconsideration still denies your claim, we will file a Request for Administrative Judge Hearing, and continue to search out additional evidence of your disability.

**Administrative Judge Hearing**: the judge will hear your testimony along with witness statements. We will attend the hearing, along with supporting family members, and will coach you in advance. The judge will also ask questions about your accident, if applicable, and outside experts may be asked to evaluate your work ability.

**Judge's Decision**: you will receive the judge's decision in writing two to three months after the

hearing. If your claim has again been denied, we are prepared to continue working on your behalf by filing with the Appeals Council and even to Federal Court if necessary. When your application is approved, disability payments will be made retroactive to the end of the five-month waiting period.

Contact the [Kenton Koszdin Law Office](#) for help obtaining the SSDI benefits you need and have earned. We can help with your initial application and denial appeal for a positive outcome in your SSDI case. Call us at **800-438-7734** for a free evaluation of your disability case.

## Protect Your California Workers' Compensation Claim A Checklist ✓



If you've been hurt on the job, the first thing to do is obtain medical care for your injuries. Tell the medical provider that you believe your illness or injuries were caused by your employment.

After that, your first priority should be to ensure that your right to file a [Workers' Compensation claim](#) is protected. You can do this by the following steps:

- Report your illness or injury to your supervisor as soon as possible.

- Complete a Workers' Compensation claim form. This form should be given to you within one day of your report by your employer. You can also find it online at the [California Department of Industrial Relations \(DIR\) website](#). Fill out the "employee" portion of the form, and be sure to provide a complete and accurate description of your injury.
- Return the claim form to your employer as soon as possible. If you mail the form to your employer, use the postal service's "return receipt requested" feature so you are sure your employer received it.
- Continue with any necessary medical care, including testing and treatments. Keep any follow-up appointments. Give your doctors information about your work accident, and details about your specific job and workplace environment.
- Consult with an experienced southern California Workers' Compensation attorney to protect your rights to compensation after being injured on the job. Call the [Kenton Koszdin Law Office](#) at **800-438-7734** for a free consultation on your case.

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If you or a loved one has been injured on the job, it's important to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, [Workers Compensation attorney in Van Nuys](#), can help you navigate the [Workers Compensation application process](#) for the best possible outcome for you and your family.

**Recipe of the Month:**

# Jerked Chicken Kabobs



Get a taste of the Caribbean with these spicy jerked chicken kabobs. Serve with refreshing mango salsa to cool the palate.

## Ingredients

- 1 cup fresh orange juice
- ¼ cup extra-virgin olive oil
- ¼ cup soy sauce
- ¼ cup fresh thyme sprigs
- 1 tablespoon ground allspice
- 1 tablespoon ground cinnamon
- 1 tablespoon ground nutmeg
- 3 cloves garlic
- 3 green onions, chopped
- One 2–inch piece fresh ginger, peeled
- 1 lime, juiced
- 1 red onion, chopped
- 1 Scotch bonnet pepper
- Salt and freshly ground black pepper
- 2 pounds boneless skinless chicken breasts, cut into 1 ½–inch pieces

## Directions:

In a food processor, combine the orange juice, olive oil, soy sauce, thyme, allspice, cinnamon, nutmeg, garlic, green onions, ginger, lime juice, onions,

peppers and some salt and pepper; puree until smooth. Add all but ¼ cup of the mixture in a 1-gallon plastic resealable bag. Add the chicken to the bag and marinate in the refrigerator for 1 to 2 hours.

Heat the grill to medium-high. Skewer the chicken pieces and grill on one side for about 5 minutes. Flip and grill the other side until cooked through and grill marks appear. Serve with the ¼ cup reserved (unused) marinade as a dipping sauce.

*Recipe courtesy of [FoodNetwork.com](http://FoodNetwork.com)*

## What's Happening in Southern California

*So much to do in SoCal – here's just a few options ...*

### **June 7 – July 6**

San Diego County Fair 2014  
Del Mar San Diego Fairgrounds

### **July 2 – 4**

Steve Martin and the Steep Canyon  
Rangers  
Hollywood Bowl

### **July 3, 10, 17, 24 (every Thursday thru Sept. 11)**

Twilight Concerts  
Santa Monica Pier

### **July 4 – Fireworks!**

Del Mar San Diego County Fair – 9:30  
pm  
Disneyland California – 9:25 pm  
Kennedy Park, El Cajon – 9:00 pm

### **July 12**

Switchfoot Bro-Am surf contest  
and concert  
Moonlight Beach in Encinitas

### **July 13**

Carlsbad Triathlon 2014  
Carlsbad State Beach – 7:30 a.m.

### **July 13**

Old World Village Marketplace  
Sidewalk Sale 2014  
Old World Village – Huntington  
Beach

### **July 18**

Orange County Fair  
Costa Mesa

Legoland – 8:30 pm  
Rose Bowl Stadium, Pasadena – 9:05 pm  
SeaWorld San Diego – 9:30 pm  
Spreckels Park, Coronado – 9:00 pm

[Click here for a list of firework displays in San Diego area](#)

**July 4, 11, 18, 25**

Carlsbad TGIF Jazz in the Parks  
Various locations in Carlsbad

**July 11**

OC Fair 2014  
OC Fair & Event Center – Costa Mesa, CA

**July 19**

Sun and Sea Festival  
Portwood Pier Plaza in Imperial Beach

**July 26**

Alameda Park Street Art & Wine Fest  
Downtown Alameda

**July 26**

Summer Fest  
Venice Beach



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