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**July 2015** 

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# SSDI Overpayments Result in More Disability Reviews

The Social Security
Administration
routinely reviews the
medical condition of
all Social Security
Disability (SSDI)



benefit recipients. The review, called a Continuing Disability Review (CDR), determines if recipients are still disabled or if they are able to return to work on a regular basis.

Disabled individuals are expected to return to work as soon as physically able. So if during the review medical evidence shows that your condition has significantly improved, you will no longer receive SSDI payments.

SSDI Overpayments – \$17 Billion in 10 Years

In June an audit of SSDI expenditures revealed that



### SOUTHERN CALIFORNIA

WORKERS' COMPENSATION BLOG

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more than \$17 billion in overpayments were made to beneficiaries over a 10 year period. Overpayments were made to those who were no longer disabled or who earned too much money to qualify under SSDI law. Other overpayments went to deceased individuals and those in prison.

The numbers are staggering and even more alarming because unless Congress intervenes, the disability trust fund is predicted to run out of money in late 2016. If this happens, all disability benefit payments will be cut automatically by 19%.

#### **Continuing Disability Reviews are Increasing**

The government was able in recent years to recoup \$8.1 billion, almost half of the overpayments. Because of the huge overpayment amount, it appears that in recent months the Social Security Administration (SSA) is increasing disability reviews as a response to the audit report.

More SSDI recipients are having their benefits reviewed or even stopped, or are receiving overpayment notices. Under the normal SSA process, the cause and severity of the disability dictates the CDR frequency. If the condition is expected to improve, reviews generally occur every 3 to 5 years, although some may be more frequent. A quicker CDR may be triggered by events like new medical evidence or work documentation.

#### **Contact Us if Overpayment Notice Received**

If you or a family member has received an overpayment notice and the SSA is stopping your benefits or asking reimbursement of a large amount, we can help. You have the right to appeal any SSA decision and our expertise and experience in SSDI appeals can help restore the benefits you deserve.

## From My Blog

#### **Disability Benefits for Sufferers of Asthma**

Many people suffer from various forms of asthma. While some only experience a shortness of breath when exercising, others have chronic inflammation of their airways. When there is an excessive mucous production within the airways, it can restrict your ability to breathe. An asthma "attack" can start without warning as a result of various stimuli, such as chemicals, pollution, medication, pets, cigarette smoke, and other pathogens. Read more

# **Enjoy L.A.'s Diverse Labor Day Festivals and Events**

After Oregon became the first stat to legally establish Labor Day in 1887, Congress proclaimed the first Monday in September as a federal holiday in 1894. Labor Day honors the



contributions workers make to the prosperity, strength and well-being of the U.S.

Traditionally celebrated with parades and speeches, today's festivities feature retail sales promotions, ironically resulting in retail workers working more instead of enjoying an extra day off.

#### Celebrate Labor Day in L.A.

If you're game for something more active than a family barbecue poolside, consider these L.A. area festivities:

The <u>LA County Fair</u> begins Friday Sept. 4 at the Pomona Fairplex and runs for a full month. Enjoy live music, livestock, gardening and lots of rides.

Visit <u>The Taste</u> food and wine extravaganza at Paramount Pictures Studios in Hollywood on Friday and Sunday.

Enjoy the <u>Orange International Street</u> Fair in old town Orange with food and entertainment including Irish, Mexican, Polynesian and Greek stages.

Long Beach's Queen Mary is the site of the annual <u>Art Deco Festival</u> Thursday through Sunday celebrating all things Art Deco. While you're there, check out the music, food and lawn games of the <u>Shoreline Jam</u> on Saturday and Sunday.

What would L.A. be without movies? The <u>Cinecon Classic Film Festival</u> celebrates everything cinematic including classic films and celebrity guests. Check it out at the Egyptian Theatre Thursday through Monday.

If you can't spend Labor Day weekend in Hawaii, the <u>E Hula Mau Polynesian</u> <u>Festival</u> comes close with Hawaiian culture and cuisine complete with hula and chant competitions Friday through Sunday at the Long Beach Performing Arts Center.

If you or a loved one has been denied Worker's Compensation or Social Security Disability (SSDI) benefits, it's important to get an attorney experienced in these types of cases involved immediately. **Call 800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, <u>Social Security attorney in Van Nuys</u>, can help you navigate the application process for the best possible outcome for you and your family.



# **Recipe of the Month:**

# **Spicy Turkey Burger**



Try a new twist on your barbeque this summer!

#### **Ingredients**

- 2 pounds lean ground turkey
- 2 tablespoons minced garlic
- 1 teaspoon minced fresh ginger root
- 2 fresh green chile peppers, diced
- 1 medium red onion, diced
- ½ cup fresh cilantro, finely chopped
- 1 teaspoon salt
- ¼ cup low sodium soy sauce
- 1 tablespoon freshly ground black pepper

- 3 tablespoons paprika
- 1 tablespoon ground dry mustard
- 1 tablespoon ground cumin
- 1 dash Worcestershire sauce

#### **Directions:**

- 1. Preheat the grill for high heat.
- 2. In a bowl, mix the ground turkey, garlic, ginger, chile peppers, red union, cilantro, salt, soy sauce, black pepper, paprika, mustard, cumin, and Worcestershire sauce. Form the mixture into 8 burger patties.
- 3. Lightly oil the grill grate. Place turkey burgers on the grill, and cook 5 to 10 minutes per side, until well done

Recipe courtesy of allrecipes.com

# What's Happening in Southern California in September 2015

Sept. 1 - 7, 2015

Dead Sea Scrolls – exhibition California Science Center, LA

Sept. 1 – 27, 2015

Dorothy's Adventures In Oz Santa Monica Playhouse Sept. 11 - 12, 2015

Long Beach Comic Con Convention Center, Long Beach

Sept. 11 - 30, 2015

A Little Night Music

Huntington Theatre Company,

**Huntington Beach** 

#### Sept. 4 - 7, 2015

US Sand Sculpting Challenge & Dimensional Art Expo

1140 North Harbor Drive, B Street

Pier, San Diego

#### Sept. 4 – 7, 2015

Festival of Sail

The Maritime Museum, San Diego

#### Sept. 4 - 27, 2015

LA County Fair

Fairplex, LA

#### Sept. 5, 2015

Laura Korman Gallery Grand Opening Bergamot Station, Santa Monica

#### Sept. 5, 2015

Summer Fiesta 5k, 10k, 15k, Half

Marathon

5400 E Ocean Blvd, Long Beach

#### Sept. 6, 2015

Summer Breeze 5k, 10k, 15k

Marathon

Woodley Park, Van Nuys

#### Sept. 9, 2015

John Hiatt & The Combo & The Taj

Mahal Trio

Balboa Theatre, San Diego

#### Sept. 10, 2015

HARD Presents a Night at Fairplex

Fairplex, LA

#### Sept. 13, 2015

Dance & Run Long Beach 5k Aquarium Way, Long Beach

#### Sept. 18, 2015

Andrea Bocelli concert Dolby Theatre, LA

#### Sept. 19, 2015

Folk Revival Festival

E Shoreline Dr. Long Beach

#### Sept. 20, 2015

Neil Sedaka

Cerritos Center, LA

#### Sept. 23 - 30, 2015

Hay Fever by Noel Coward Cygnet Theatre, San Diego

#### Sept. 26, 2015

US Open of Stand Up Paddling Pier 1, Huntington Beach

#### Sept. 26, 2015

Summer's End 10k, Half Marathon Bolsa Chica Beach path, Huntington Beach

#### Sept. 26 - 27, 2015

20th Annual Pacific Islander Festival Ski Beach, Mission Bay, San Diego

#### Sept. 27 - 29, 2015

LA International Textile Show

#### Sept. 11, 2015

California Market Center, LA

Lenny Kravitz show Greek Theater, LA



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