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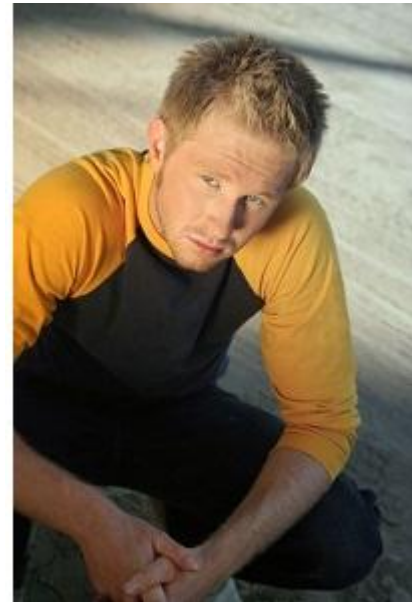
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## How Social Security Disability Medical Reviews Work

If you are receiving [Social Security Disability \(SSDI\) benefits](#), the Social Security Administration will periodically review your medical condition. This evaluation is called a Continuing Disability Review (CDR). All evidence about your medical condition and your disability will be considered during this assessment.



If the evidence demonstrates that your condition has improved so that you are able to work again on a regular basis, your SSDI payments may stop.

**When Does a CDR Occur?**

## SOUTHERN CALIFORNIA

### WORKERS' COMPENSATION BLOG

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The frequency of a medical review depends on the severity and cause of your disability:

- If the condition is **expected to improve**, the first review will be within 6-18 months of the disability date.
- If improvement is **possible**, the CDR will be every three years.
- A CDR will occur every seven years if **no improvement is expected**.

If you are under age 50, reviews may be more frequent.

An early CDR may be triggered by certain events:

- The beneficiary returns to work,
- The condition improves and is reported,
- Completion of a vocational rehabilitation program,
- A new treatment becomes available, **OR**
- Medical evidence shows that your condition has improved.

### The Continuing Disability Review Process

You will first receive a letter from the Social Security Administration (SSA) notifying you of the review. You will be asked to report to your [local SSA office](#) with medical documentation like hospital and doctor contact information. Bring evidence of any work that you may have performed. The SSA brochure [What You Need To Know: Reviewing Your Disability](#) has

helpful information on what to expect.

Generally, the SSA will assess:

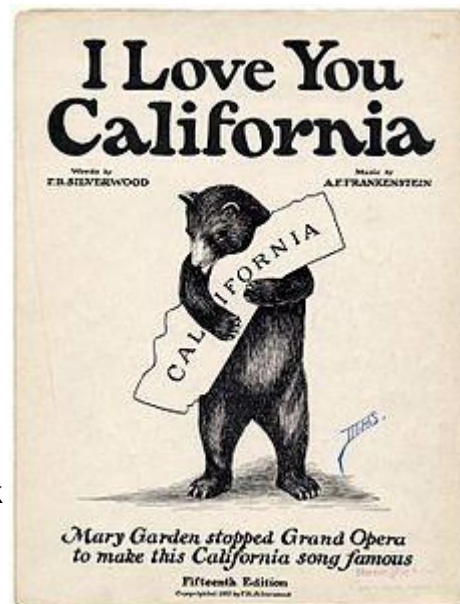
- Has your medical condition improved? If not, benefits will continue.
- If your condition has improved, are you now able to return to work? If yes, **SSDI benefits will stop** and you will be advised of the SSDI appeal process. **You have 60 days in which to appeal.**

If you have received notice that your SSDI benefits will stop because of a Continuing Disability Review, it's important to consult with an attorney experienced in the [appeal process](#). By doing so, your chances of a favorable outcome in the appeal will improve dramatically.

## California in Song

There are arguably more songs written about our Golden State than any other in the Union – although New Yorkers may disagree!

Why? It might be because of all California has to offer in cities and rural areas, beaches and mountains ... and of course our laid-back lifestyle and gorgeous weather.



Here is a selection of ten of the most famous songs about California, chosen for no reasons other than their enduring popularity and the way they aptly describe different aspects of our diverse state:

- “I Love You, California” is our official state song, written in 1913.
- “California, Here I Come” first appeared in the 1921 Broadway Musical Bombo starring Al Jolson.
- “I Left My Heart in San Francisco” was written in 1953 and later became Tony Bennett’s signature song.
- The Rivas scored a hit in 1961 with “California Sun” which was later covered by bands like The Ramones and The Offspring.
- 1965 was a golden year for newly released California songs: “California Girls” by the Beach Boys and “California Dreaming” by The Mamas and the Papas.
- “California Soul” written in 1967 has been recorded by many artists, but Marlena Shaw’s 1969 version is the most soulful.
- 1977’s “Hotel California” by the Eagles, from the album of the same name, is the group’s interpretation of the high life of Los Angeles.
- Even Jimmy Buffet, with so many of his songs celebrating the island lifestyle, joined in when he recorded “Come Monday” in 1974.
- More recently, rap songs have celebrated the California scene like “California Love” by 2Pac (1995).

What’s your favorite?

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If you or a loved one has been denied Worker’s Compensation or Social Security Disability (SSDI) benefits, it’s important to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, [Social Security attorney in Van Nuys](#), can help you navigate the application process for the best possible

outcome for you and your family.

## Recipe of the Month: Grilled Vegetable Salad

Nothing's better than a mouth-watering grilled vegetable salad. Enjoy!



### Ingredients

- 1 pound fresh asparagus, trimmed
- 2 zucchini, ends trimmed and halved lengthwise
- 2 yellow squash, ends trimmed and halved lengthwise
- 1 large red onion, sliced into ½-inch thick slices
- 2 red bell peppers, halved and seeded
- ½ c. red wine vinegar
- 1 tblsp. Dijon mustard
- 1 clove garlic, minced
- Salt and ground black pepper to taste

### Directions:

1. Preheat grill for medium heat and lightly oil the grate.
2. Arrange asparagus, zucchini, yellow squash, red onion, and red bell

peppers on preheated grill; cook until vegetables are tender and slightly charred, 10 to 15 minutes. Remove vegetables from grill and cut into bite-sized pieces.

3. Whisk olive oil, red wine vinegar, Dijon mustard, garlic, salt, and black pepper together in a bowl to make the dressing. Toss vegetables with dressing in a bowl. Serve warm or at room temperature.

## What's Happening in Southern California in April 2015

### **Apr. 3 – 5, 2015**

Mamma Mia!  
Civic Theatre, San Diego

### **Apr. 3 – 5, 2015**

International Gem & Jewelry Show  
2495 S Delaware St. San Mateo

### **Apr. 4, 2015**

The Bunny Dash 5K, 10K, 15K Half  
Marathon  
700 E Shoreline Dr. Long Beach

### **Apr. 4, 2015**

Peace-Love-Run Half Marathon  
Mission Bay-Fiesta Island, San Diego

### **Apr. 4, 2015**

Johnny Mathis & Los Angeles  
Philharmonic  
Walt Disney Concert Hall, LA

### **Apr. 11, 2015**

Hollywood Half Marathon, 10K & 5K  
North Highland Ave/Hollywood Blvd,  
Hollywood

### **Apr. 13, 2015**

LA Avocado Festival  
La Placita Olvera, LA

### **Apr. 14, 2015**

Barry Manilow concert  
Staples Center, LA

### **Apr. 18, 2015**

Stardust Nights: A PBS SoCal  
Celebration  
Hyatt Regency Beach Resort & Spa,  
Huntington Beach

### **Apr. 18, 2015**

Night Nation Run 5K

Sleep Train Amphitheatre, Chula Vista

**Apr. 5, 2015**

Easter Fun 5K, 10K, 15K, Half  
Marathon  
2000 Ocean Ave, Santa Monica

**Apr. 18 – 19, 2015**

Festival of Books  
USC Campus, Los Angeles

**Apr. 5 – 30, 2015**

Joseph & The Amazing Technicolor  
Dreamcoat – musical  
Horton Grand Theatre, San Diego

**Apr. 19, 2015**

Foxy Half Marathon & 5K  
Rancho Bernardo Community Park,  
San Diego

**Apr. 10 – 11, 2015**

3rd Annual VinDiego Wine & Food  
Festival  
Liberty Station, San Diego

**Apr. 28, 2015**

Surf City Nights – concert  
Pier Plaza, Huntington Beach



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