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## Common Reasons for Workers' Compensation Denials

You probably are eligible for Workers' Compensation if you have been injured on the job or have an occupational disease caused by your work.

But there are many reasons why an individual's Workers' Compensation claim may be denied:

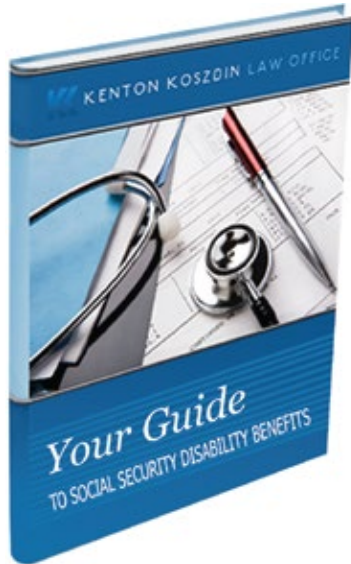
- Your claim was not filed or reported on time. California law requires that you report your illness or injury to your employer **within 30 days** of the day that you became aware of your condition. Upon receiving notice of your injury, your employer must give or mail to you a claim form within one working day. You must complete the employee section of the form and return it to your employer right away. If you don't notify your employer on time or return the claim form quickly, your Workers' Compensation benefits may be jeopardized.
- You have no witness statements as to how, where and when your injury occurred.
- You failed to seek appropriate medical care or you sought out an unauthorized provider.
- Your injury did not occur on the job. Workers' Compensation does not cover pre-existing medical problems that were exacerbated at work. Injuries sustained while commuting to and from work are generally not covered.
- The employer or insurance company disputes the claim to save money on insurance expense and liability. For example, your employer may claim that the injury or illness is not work-related. You'll need to gather more evidence to support your claim including witness testimony or a doctor's statement that attributes your condition to your work.
- Your injury or illness is not severe enough to qualify for a Workers' Compensation claim.
- Your doctor feels that you are physically able to perform an alternate or modified form of work that your employer offers. You must perform this altered work until you can obtain a second medical opinion.



Have you received a letter stating that your Workers' Compensation claim has been denied? Read the letter carefully as it will detail the reason(s) for the denial.

You have the right to appeal a claim denial. The denial letter will explain how to go about appealing your case. At this point, it's in your best interest to consult with an attorney experienced in California Workers' Compensation cases.

# Helpful Reference Guide for You



**Do you know someone that could use this guide?**

Share with a friend

<http://www.kentonslawoffice.com/brochure/>

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## Only in Southern California: 8 Quirky Town Names

Southern California seems to have more than its share of unusual place names. How many of these have you visited?

- **Badwater.** This town in Death Valley is named for its Badwater Basin, a spring-fed pool that is undrinkable because of high accumulations of salt in the area.
- **Death Valley Junction.** Named during the 1849 Gold Rush when 13 pioneers died from the heat while searching for gold, this tiny town (population less than 20) makes its home in one of the hottest places on earth.
- **Earp.** Nestled in San Bernardino County, Earp is named for the famous western lawman Wyatt Earp who wintered here in the late nineteenth century.
- **Furnace Creek.** This small Death Valley town holds the record for the hottest temperature ever recorded in the world - 134° on July 10, 1913. Only 24 individuals are brave enough to live here.
- **Skidoo.** This Death Valley spot is a ghost town now, but was very popular during the Gold Rush. Its name is derived from the expression "23 skidoo," an early 20th century slang phrase meaning to get out quickly. And that's exactly what happened in Skidoo when the Gold Rush ended.
- **Tarzana.** Guess who lived in this San Fernando Valley town? Edgar Rice Burroughs, author of Tarzan of the Apes and more than 20 sequels, owned the ranch that later became Tarzana.
- **Teakettle Junction.** Although the origin of this long-abandoned Inyo Valley town is obscure, visitors enjoy hanging an actual teakettle inscribed with a personal message on the town sign.
- **Zzyzx.** A local landowner coined the name of this San Bernardino County town in 1944 to make it the last word in the English language.



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If you or a loved one has been denied Worker's Compensation or Social Security Disability (SSDI) benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, Social Security attorney in Van Nuys, can help you navigate the application process for the best possible outcome for you and your family.

# Recipe of the Month

## Grilled Zucchini Halves with Chopped Tomato-Basil Salsa

Here's a great veggie dish for your next cookout.

### Step 1:

Cooking spray  
2 medium zucchini, halved lengthwise

Heat a grill pan over medium-high. Coat pan with cooking spray. Add zucchini; cook 4 to 5 minutes on each side.

### Step 2:

- 1 cup chopped tomato
- 2 tablespoons chopped fresh basil
- 1 tablespoon chopped fresh chives
- 1 tablespoon olive oil
- 1 teaspoon fresh lemon juice
- 3/8 teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper



Combine ingredients in a bowl; toss. Spoon salsa evenly over grilled zucchini halves.

*Recipe courtesy of [www.myrecipes.com](http://www.myrecipes.com)*



back to  
**SCHOOL**



## Common Reasons for Workers' Compensation Denials



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## What's Happening in VanNuys & Southern California

### Sep 3

Ventura Hammer Half Marathon  
and 5k  
Ventura - Ojai Bike Path  
Ventura, CA  
<https://goo.gl/MyedFL>

### Sep 3

Camarillo Chili Cook Off & Music  
Festival  
Camarillo Ranch  
Camarillo, CA  
<https://goo.gl/GrGL9R>

### Sep 9

2nd Annual Oxnard Jazz Festival  
Oxnard Beach Park  
Oxnard, CA  
<https://goo.gl/QTNyKk>

### Sep 9 - 10

Ventura Art & Street Painting Festival  
Ventura Harbor Village  
Ventura, CA  
<https://goo.gl/L8NBYQ>

### Sep 17

1940s Battle of the Big Bands Glenn  
Miller Vs. Tommy Dorsey  
Solvang Festival Theatre and Gardens  
Santa Barbara, CA  
<https://goo.gl/v3oUHD>

### Sep 20

The Wailers Band  
Discovery Ventura  
Ventura, CA  
<https://goo.gl/CbDHxG>

### Sep 23

Santa Barbara Heart Walk  
Fess Parker's Doubletree Resort  
Santa Barbara, CA  
<https://goo.gl/UHUhCk>

### Sep 30

Tom Jones  
Santa Barbara Bowl  
Santa Barbara, CA  
<https://goo.gl/S3vsYj>

