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*Se habla español*



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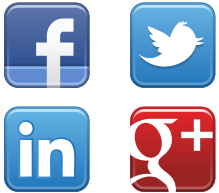
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## Common Myths about Social Security Disability

You can't always believe everything you hear or read! There are a lot of myths circulating out there about Social Security Disability (SSDI).

Here are some of the most common myths that you may hear about this federal benefit program:



- **First disability applications are always denied.** Not so, but it may seem that all initial applications are denied because of the high rate of denials. More than 70% are turned down, usually because of incomplete or missing medical or job-related information.
- **One of my friends who receives SSDI payments has the same illness that I have, so I will be eligible too.** Not really. The Social Security Administration views each claim as unique. Each applicant displays different symptoms of varying severity.
- **I will have to wait months or even years before my application is approved.** Not always, as applications for those individuals with certain conditions and diseases that are found on the Social Security's Compassionate Allowances list will receive expedited processing. Examples of qualifying diseases are ALS (Lou Gehrig's disease) and certain types of cancer.
- **I will be eligible for SSDI benefits if I am partially disabled.** This is a myth because the SSDI program makes payments only to those who are fully disabled and unable to work.
- **I can't get Workers' Compensation if I am receiving SSDI.** These benefit programs are separate and you may qualify for benefits from both at the same time. But your SSDI payments may be reduced so that the total benefits from both programs don't exceed 80% of your working income.
- **You can't earn money while receiving SSDI payments.** Actually, you are able to earn up to \$850 (2018 value) per month without affecting your eligibility for SSDI.
- **SSDI payments continue for life.** Not necessarily. Most individuals receiving SSDI benefits will experience Continuing Disability Reviews at varying intervals. For example, if your condition is expected to improve, the first review will probably occur 6 to 18 months after the date of disability.

An attorney experienced in SSDI applications and appeals can help get your claim approved, especially if your appeal goes before an Administrative Law Judge. Please give us a call – we are here to help!

## From My Blog:

### The Basic Differences Between SSI & SSDI

Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) often confuse and perplex those who apply for disability benefits. This confusion and lack of certainty about what both programs individually offer typically occurs because individuals apply for the benefits offered by both programs. Yet, the programs are markedly different. Keep in mind that an individual may receive both SSDI and SSI benefits if SSDI benefits are below the eligibility threshold for SSI benefits.



[Click here to read more](#)

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## Southern California Has a Lot To Offer: Little-Known Amusement and Theme Parks

Disneyland, Universal Studios, Six Flags – California has the best amusement and theme parks in the U.S. if not the world!

There are other, smaller parks that you probably have never heard of. These overlooked gems are hidden in plain sight and well worth a family visit.

Adventure City, Anaheim. Geared to younger children, this budget-friendly park has smaller coasters and a 1946 carousel. Visit the petting zoo and make your own train layout in the Thomas the Tank Engine zone.

Medieval Times, Buena Park. Take a step back into the Middle Ages at this indoor attraction, complete with horses, jousting and acrobats. The kids will love period-authentic eating with their hands.

Santa Monica Pier. Get a glimpse of old-time coastal fun at this timeless pier. Pacific Park boasts classic carnie rides and fabulous views from its Ferris wheel. Check out the Santa Monica Pier Aquarium right under the pier.

Pirate's Dinner Adventure, Buena Park. Enjoying a performance in the huge simulated lagoon means immersing yourself in a pirate experience complete with a fearless buccaneer. You'll become part of the show as cannons blast and pyrotechnics light up the set while you enjoy a 4-course dinner.

Belmont Park, San Diego. Thrill to the vintage 1925 roller coaster along with bumper cars and other traditional favorites. Play mini-golf, stroll along the beach boardwalk or watch the kids try the climbing wall.

Balboa Fun Zone, Newport Beach. Start your visit with the 5-minute ferry ride across the bay. Ride the Ferris wheel for amazing views of Newport Harbor. Enjoy the arcades, fun food and shops or just relax on the beach.



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If you or a loved one has been denied Worker's Compensation or Social Security Disability (SSDI) benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **800.438.7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, Social Security attorney in Van Nuys, can help you navigate the application process for the best possible outcome for you and your family.



## Recipe of the Month

### Skillet Chicken with Brussels Sprouts and Apples

Brown sugar and apples bring sweetness to this chicken and Brussels sprouts dish that is perfect for those crisp fall evenings.

#### Ingredients

- 1 1/2 lb. boneless, skinless chicken thighs
- 2 tsp. chopped fresh thyme
- Kosher salt and black pepper
- 1 tbsp. canola oil
- 1 (12-oz.) package shredded Brussels sprouts
- 1 sliced apple
- 1/2 sliced red onion
- 1 Chopped Garlic Clove
- 2 tbsp. white balsamic vinegar
- 2 tsp. brown sugar
- 1/3 c. chopped toasted pecans



#### Directions

1. Season chicken thighs with fresh thyme, and kosher salt and black pepper. Cook in canola oil in a large skillet over medium-high heat until cooked through, 4 to 5 minutes per side; transfer to a plate.
2. Add shredded Brussels sprouts, apple, red onion, and garlic clove to skillet. Cook, tossing, until Brussels sprouts are wilted and onion has softened, 5 to 6 minutes. Stir in white balsamic vinegar and brown sugar. Season with kosher salt and black pepper.
3. Return chicken to pan and top with toasted pecans.

*Recipe courtesy of CountryLiving.com*



**Common Myths about  
Social Security Disability**



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## What's Happening in Van Nuys & Southern California

**Oct 6**

Journey & Def Leppard  
LA Forum  
Inglewood, CA

**Oct 7**

11th Annual Wine & Food Festival  
Playa Studios  
Culver City, CA

**Oct 14**

3rd Annual Say NO Bullying Festival  
Griffith Park  
Los Angeles, CA

**Oct 15**

Sting & Shaggy - The 44/876 Tour  
The Wiltern Theatre  
Los Angeles, CA

**Oct 21**

28th Annual 5K Hunger Walk  
Ocean View Park  
Santa Monica, CA

**Oct 21**

LA Cancer Challenge 5K Walk/Run  
UCLA  
Los Angeles, CA

**Oct 24**

Bruno Mars  
Staples Center  
Los Angeles, CA

**Oct 26**

Christina Aguilera:  
The Liberation Tour  
The Greek Theatre  
Los Angeles, CA

**Oct 27**

Marsh Mash  
Madrona Marsh Preserve &  
Nature Center  
Torrence, CA

**Oct 28**

30th Annual A Time for  
Heroes Festival  
Smashbox Studios  
Culver City, CA

