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Se habla español



August 2021

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What Can an Employee Do When There Are Dangerous Work Conditions?

In the state of California, workers are given the right to be protected against working in an unsafe environment. Unfortunately, many people do not understand the rights that they have. Each worker who is asked to work in dangerous and unlawful conditions can report the situation to OSHA, which is the Occupational Safety and Health Administration. The OSHA laws that have been put in place for workers include the following benefits.



- The Occupational Safety and Health Act has been enacted as the counterpart to the federal act. However, it provides greater protection for the workers than the federal law that has been put in place. That is because it includes heat illnesses, motion injuries, and help for those exposed to dangerous chemicals. It also consists of the employee's rights to request safety inspections and have the best information about how to resolve the situation. The hazardous substances and information training act also provide workers with helpful information to benefit from and learn what to avoid. Some conditions have to be met if you refuse to work; however, if they are met, the worker is thoroughly protected.
- The OSHA act also helps workers understand the standards that should be in place to understand better what they should be reporting. Because many people miss common things that they should be reporting, this act has the information required, including outreach education, assistance, registrations and approvals, the proper certifications and licensing, and the permits that you can apply for.

When you are a worker living in the state of California, you should never be put in a dangerous situation. Federal laws and state regulations both protect you as a worker from retaliation from your employer. You can report the employer without fear of a reduction in pay or losing your job. If they retaliate against you, you have the right to be reinstated and paid retroactively for your wages. While the OSHA laws may be difficult to understand, you can learn more information with the help of the brochures and pamphlets that they make available.

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From My Blog

Are You Eligible for SSI?

Supplemental Security Income is a program that will help provide you with monthly payments if you qualify. There are specific rules about who qualifies and who does not. In addition to that, you will find those eligible for SSI can often be eligible for additional services....

[Click here to read more](#)

BENEFITS



Enjoy The Ride in Southern California

Southern California is known for celebrities, great food, and fantastic architecture. Most people don't know that Southern California is home to a collection of the best riding areas in the country. If you are ready for a unique vacation and the chance to ride gentle creatures who offer true beauty, visit one of these spots. You won't regret it.

- **Ricochet Ridge Ranch.** Located on the Mendocino Coast, this ranch offers you the chance to learn about animal welfare as well as having a great time. No matter your skillset, they have a trail and a horse waiting. You can take the ride at your own pace. You will be able to choose between a beach ride or through the forests where you will feel the wonder of nature all around you.
- **Baldwin Lake Stables.** Baldwin Lake is located in the eastern area of Big Bear Valley. Known for its unique beauty and eclectic lifestyle, you have both forests and mountain ranges at your disposal. At these stables, you will be able to ride through Holcomb Valley through the jungle-like wilderness that will take your breath away. For those unaccustomed to riding, you can take the flat trail as it is easier. If you are more confident, you have the option of a half-day ride that runs along the Pacific Crest Trail. Offering the best views of the Mojave Desert, it is a popular choice. If you go in winter, be sure to bring your mittens and scarves as the snow makes for a chilly ride.
- **Sunset Ranch Hollywood.** Horses in Hollywood? Not exactly, but close! While you won't see any horses roaming the streets of Hollywood, you will see them at the top of Beachwood Drive. With excellent options for seeing the best views of Los Angeles and offering evening tours and special activities, Sunset Ranch Hollywood is catching on, and for a good reason. The trails are beginner-friendly and relaxed. The guides are also friendly and knowledgeable while ensuring that you have the best time possible.
- **Rancho Oso Guest Ranch and Stables.** A historic location with a beautiful chance to embrace nature, this ranch is located in the Los Padres National Forest. It remains open all year, and guests can enjoy campsites and corrals if they choose to stay. If not, you can still enjoy the trails, and they have lovely activities in place for children. The courses have a fantastic view of forests and sparkling water. The combination makes you feel as if you are riding into another world. Through the grace and attention of the guides, you have a smooth ride that is the perfect way to make long-lasting memories with your family.



Suppose you or a loved one has been denied [Workers' Compensation](#) or [Social Security Disability \(SSDI\) benefits](#). In that case, it's essential to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. [The Kenton Koszdin Law Office](#), [Social Security attorney in Van Nuys](#), can help you navigate the application process for the best possible outcome for you and your family.

Tomato and Goat Cheese Tarts

It's tomato season and if you're wondering what to do with the abundance, try this savory tart.

Ingredients

- 1 package (17.3 ounces/2 sheets) puff pastry, defrosted
- Good olive oil
- 4 cups thinly sliced yellow onions (2 large onions)
- 3 large garlic cloves, cut into thin slivers
- Kosher salt and freshly ground black pepper
- 3 tablespoons dry white wine
- 2 teaspoons minced fresh thyme leaves
- 4 tablespoons freshly grated Parmesan, plus 2 ounces shaved with a vegetable peeler
- 4 ounces garlic-and-herb goat cheese (recommended: Montrachet)
- 1 large tomato, cut into four 1/4-inch-thick slices
- 3 tablespoons julienned basil leaves



Directions

1. Unfold a sheet of puff pastry on a lightly floured surface and roll it lightly to an 11 by 11-inch square. Using a 6-inch-wide saucer or other round object as a guide, cut 2 circles from the sheet of puff pastry, discarding the scraps. Repeat with the second pastry sheet to make 4 circles in all. Place the pastry circles on 2 sheet pans lined with parchment paper and refrigerate until ready to use.
2. Preheat the oven to 425 degrees F.
3. Heat 3 tablespoons of olive oil in a large skillet over medium to low heat and add the onions and garlic. Sauté for 15 to 20 minutes, stirring frequently, until the onions are limp and there is almost no moisture remaining in the skillet. Add 1/2 teaspoon salt, 1/4 teaspoon pepper, the wine, and thyme and continue to cook for another 10 minutes, until the onions are lightly browned. Remove from the heat.
4. Using a sharp paring knife, score a 1/4-inch-wide border around each pastry circle. Prick the pastry inside the score lines with the tines of a fork and sprinkle a tablespoon of grated Parmesan on each round, staying inside the scored border.
5. Place 1/4 of the onion mixture on each circle, again staying within the scored edge. Crumble 1 ounce of goat cheese on top of the onions. Place a slice of tomato in the center of each tart. Brush the tomato lightly with olive oil and sprinkle with basil, salt, and pepper. Finally, scatter 4 or 5 shards of Parmesan on each tart.
6. Bake for 20 to 25 minutes, until the pastry is golden brown. The bottom sheet pan may need an extra few minutes in the oven. Serve hot or warm.

Recipe courtesy of Ina Garten



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**What Can an Employee Do
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What's Happening In Van Nuys & Southern California

As vaccination numbers increase and Covid-19 cases drop, venues and activities have returned to pre-pandemic levels and bring with it a sense of normalcy for many. We encourage you to enjoy some socially distant activities in your area and follow local safety protocols.

Celine Dion
Staples Center

Smokey Robinson
Greek Theatre

Grupo Firme
Staples Center

John Legend
Greek Theatre

Lil Baby
Staples Center

Sherman Oaks Castle Park

Long Beach Water Bikes

Los Lobos & The Mavericks
Greek Theatre

