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Can Social Security Disability Benefit Amounts Change Over Time?

Social Security Disability or SSDI benefits are put in place to help people with disabilities. However, you may not be aware of what that means or how specific scenarios can change the number of services you are entitled. Those changes include the following.



- If you are working while receiving benefits, you may not realize there is a deemed acceptable level. If you work above a level that is deemed acceptable, your benefits will eventually stop. In the past few years, the level has been just above a thousand dollars. If you pass that level, you are no longer considered disabled. If you are planning on working, there is a program entitled the Trial Work Period. During this period, you can work for nine months while receiving your benefits.
- If you have reached your retirement age, you won't lose your benefits, but instead, they will be converted into Social Security Retirement Benefits. The amount will not change, and you will notice that your life is not altered too much as a result.
- If your cost of living differs, it will affect your SSDI as well. If deemed appropriate, the payments are increased. These increases are mandated by the law and are based upon a Consumer Price Index that the Bureau of Labor Statistics provides. You will need to inform yourself if you want to be sure that you are not in violation.
- If you are receiving other benefits, you may be reevaluated. The benefits that get evaluated are the federal pension benefits, state or public programs, and Workers' Compensation and benefits derived from civil service employment.
- A disability review will happen over time to determine whether you have improved and if you can work again. If they deem that you can, your disabilities will stop.

These reviews and rules can be challenging to understand, but they become easier once you look at the SSA brochures and pamphlets that have all your necessary information.

From My Blog

Denying Workers' Compensation or Temporary Workers

If you are a 'Temporary Worker' and you experience a work-related illness or an injury that you received while on the job, you may wonder if you are eligible for workers' comp. California Law has decided in the past decade that an employer with temporary workers must pay them compensation along with their regular workers to protect them...

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California's Most Innovative and Creative Inventions

California has a plethora of benefits that make it one of the most popular states in the United States. When you think of California, you think of places like Hollywood, Disneyland, and Rodeo Drive. But California is also the birthplace of many inventions. Here are just a few:

• Blue jeans are a famous staple. They were created by Levi Strauss to help the clothing industry during the Gold Rush. Prospectors needed a way to survive the wear and tear of the work they performed, so the first pair was made with layers of canvas that were stitched carefully together. Today, if you are lucky enough to find red-lined Levi jeans, you can sell them for three hundred dollars as they are considered a collector's item.



- If you love hula hoops, you may be surprised that they were inspired by the hoop dance that originated from Native Americans. While hula hoops may have reached their peak of popularity in the 50s, they regained popularity in the 90s and are now considered a fun way to exercise.
- Apple computers are synonymous with innovation, and as a result, many companies have adopted their technology. Founded in Cupertino in the 70s, Apple is now considered one of the most well-known publicly traded corporations in the entire world.
- Almost everyone has heard of WD-40 lubricating oil and water-displacing spray. It was invented in San Diego in 1953 and was considered one of the most ingenious creations that people had ever seen. This wildly popular product helps prevent rust, eliminates squeaks, and is used in everyday life today.
- In the summer, we all love to eat popsicles, right? Surprisingly, they were invented by an eleven-year-old who
 left his drink outside on a cold night with a stick in it. Today there are many amazing flavors and varieties that
 make a great treat when the temperatures rise.
- Sourdough bread is unique to the taste, and it arrived in California from French bakers during the Gold Rush. San Francisco's foggy climate offers the perfect conditions for making this delicious baked good and people flock to the city every day for fresh loaves.
- The wave is something sports fans love, and the first recorded Wave occurred in Oakland at an Athletics' playoff game against the New York Yankees on Oct. 15, 1981.

California has a rich history of innovation that has transformed the world in many ways. So, the next time you see a pair of Levi's or a hula hoop, you will know that they had a great story behind them.

Suppose you or a loved one has been denied <u>Workers' Compensation</u> or <u>Social Security Disability (SSDI) benefits</u>. In that case, it's essential to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. <u>The Kenton</u> <u>Koszdin Law Office</u>, <u>Social Security attorney in Van Nuys</u>, can help you navigate the application process for the best possible outcome for you and your family.

Grilled Peaches with Almond Mint Pesto

Savory almond mint pesto makes grilled peaches the perfect side to anything you toss on the BBQ this summer.

Ingredients

- 1 1/2 cups packed fresh flat-leaf parsley leaves plus more for garnish
- 1/2 cup packed fresh mint leaves plus chopped mint for garnish
- 1/2 cup sliced almonds lightly toasted, plus more for garnish
- 1 garlic clove chopped
- 1 serrano chili chopped
- Grated zest of 1 lime
- 1/2 cup extra virgin olive oil
- Kosher salt and freshly-ground black pepper
- 5 just-underripe white peaches halved and pitted

Directions



- 1. Combine parsley, mint, almonds, garlic, chili, and lime zest in a food processor and process until coarsely chopped. With the motor running, slowly add the olive oil and season with salt and pepper. If the pesto is too thick to pour, add a little water.
- 2. Heat your grill to high for direct grilling.
- 3. Brush the cut side of the peaches with canola oil and grill until golden brown and caramelized, about 1¹/₂ minutes. Flip over and continue grilling until just heated through, about 1 minute.
- 4. Arrange the peach halves on a platter and drizzle with the pesto. Garnish with sliced almonds.

Recipe courtesy of dailyharvestexpress.com





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What's Happening in Van Nuys & Southern California

As vaccination numbers increase and Covid-19 cases drop, venues and activities have returned to pre-pandemic levels and bring with it a sense of normalcy for many. We encourage you to enjoy some socially distant activities in your area and follow local safety protocols.

Discovery Cube

DryTown Water Park

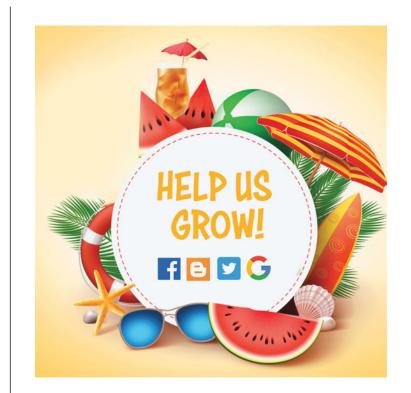
Sherman Oaks Castle Park

Napa Valley Wine Train

Legoland

Malibu Wine Hikes

Van Buren Drive-In Theater



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