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How Long Do SSDI Benefits Last and Can They Be Suspended?

Do social security disability benefits last forever? No, they do not. However, if your medical condition does not improve and you continue to remain unable to work, your benefits will continue till you hit retirement age, at which point you will transition to retirement benefits.



Here are some important things you should know about SSD:

- **SSD Time Duration**

You will continue receiving Social Security disability payments until you require them. This means you can continue to receive Social Security disability payments as long as your condition prohibits you from working or earning a "substantial" income.

The Social Security Administration (SSA) will evaluate your case on a periodic basis to check whether you are still qualifying for disability compensation. These are known as continuing disability reviews (CDRs), and they usually take place every few years. The duration between such reviews varies based on the seriousness of your condition and the chance that your disability may improve. Your SSA Certificate of Award should mention when you should expect your first evaluation. You must notify the SSA of any changes in your health, even if such changes may result in the termination of your disability payments.

- **When Will SSD Benefits Discontinue?**

SSD benefits are discontinued on four distinct instances:

1. When you no longer have a disability. Your benefits will be canceled if your condition improves to the point that it is no longer considered a disability or does not prevent you from working.
2. When you reach the age of retirement.

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How Long Do SSDI Benefits....

3. If you are earning a substantial monthly income with your disability, it might be a basis for your SSD benefits being discontinued. However, that does not mean that you shouldn't work. The SSA defines the amount of "substantial" income on a yearly basis and if you fall under that limit, your SSD payments will continue.
4. Imprisonment: if you're convicted of a crime and sentenced to jail for a period of 30 days or more, your disability benefits will discontinue. They may restart once you are out of prison.

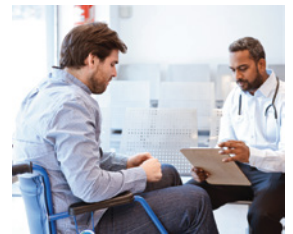
- **Temporary Work Programs**

There is a temporary work duration under the SSDI system, during which you can try to work in various jobs for up to nine months. The SSA will determine whether you are engaged in significant employment activity and if you still qualify for disability benefits. Following that, you have another 36 months to continue receiving benefits, provided your condition is still not up to par. The process is intended to assist you in preparing to return to work without jeopardizing your benefits.

In case of any questions or queries about SSD benefits and whether you qualify for them, feel free to [contact us](#).

What to Say to Your Workers' Compensation Doctor

While you may seek medical attention for an injury or illness from a physician recommended by your employer (or its insurance company), know that you have the right to choose your own doctor for treatment if you want to qualify for workers' compensation benefits. Knowing what to say (and what not to say) to a workers' compensation doctor can help ensure injured workers protect their rights to compensation.



[Click here to read more](#)

California - Fruit Center of the US

Did you know that California currently leads specialty food cultivation in the United States, producing half of our greens and more than two-thirds of fruits and nuts? That's right! Owing to California's temperate climate, many food crops may be cultivated all year, making agricultural production in the Golden State essential to the US and the rest of the world.

California's wide range of agricultural production includes fresh fruits, vegetables, wine, nuts, and cereals. Not only does this help promote the state's image in the US, but Californian food exports are also world renowned.

California produces all kinds of nuts and fruits that include almonds, asparagus, fresh and dry dates, fresh and dry figs, grapes, kiwi fruit, green and black olives, rice, and other nuts grown in the United States. We also produce most of the nation's greens, including broccoli, garlic, avocados (a state food), fresh lettuce, tomatoes, berries, and other green vegetables. If you really ponder over it, California produces a significant amount of food.

All states have their own flag, state bird, and possibly a state animal, whereas California has state foods as well, such as:

- Avocado - State Fruit
- Rice - State Grain
- Almond - State Nut
- Artichoke - State Vegetable

These foods gained their titles in part because California is their largest producer. California grows over 87 percent of all avocados, 98 percent of all almonds, and 100 percent of all artichokes in the country.

California's schools' benefit from all the food produced in the state. More than half of all California schools serve fresh meals made from high-quality local and regional products. Direct from farm to school initiatives also contribute to less wasted food since the produce is fresh, requires less packing, and appeals to students.

The volume of apples shipped from the US places California as the second-largest apple exporter. California's Central Valley is by far the most fertile region in the world, producing more than 200 crops.

Monterey County also provides a substantial amount of the country's broccoli, spinach, cauliflower, and strawberries. The state of California is a leader in the production and consumption of wine. Since 1978, the state's dairy farms have grown their milk output every year. Monterey County, California's most productive region, produces more than half of the country's lettuce and celery.

Agricultural producers of California's picturesque lands have enabled the state to become a major stakeholder in the country's agriculture sector over the last 50 years. At \$3 trillion, California has the strongest economy in the country. If California were to be a country, it would have the fifth-largest economy in the world!

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If you or a loved one has been denied Workers' Compensation or Social Security Disability (SSDI) benefits, it's important to get an attorney experienced in these types of cases involved immediately. Call **800-438-7734** for your initial free consultation, either in our office or in the comfort of your own home. The Kenton Koszdin Law Office, Social Security attorney in Van Nuys, can help you navigate the application process for the best possible outcome for you and your family.



Recipe of the Month:

Chicken with Brussels Sprouts and Apple Cider Sauce

This simple oven roasted chicken recipe soaks up tons of flavor and the fruit and veggies cook simultaneously on another rack, making this dish a snap to prepare.

Ingredients:

- 1 pound Brussels sprouts, trimmed and halved or quartered if large
- 2 sweet apples (such as Gala), cut into wedges
- 1 red onion, cut into wedges (root left intact)
- 2 small sprigs rosemary, plus 1 teaspoon finely chopped leaves
- 2 tablespoons extra-virgin olive oil
- Kosher salt and freshly ground pepper
- 2 tablespoons unsalted butter
- 4 skinless, boneless chicken breasts (about 8 ounces each)
- 2/3 cup apple cider
- 1 teaspoon apple cider vinegar



Directions:

1. Position racks in the upper and lower thirds of the oven; preheat to 450 degrees F. Toss the Brussels sprouts, apples, red onion and rosemary sprigs with the olive oil, 1/2 teaspoon salt and a few grinds of pepper on a baking sheet. Spread in a single layer and roast on the upper oven rack, flipping halfway through, until tender and browned, 25 to 30 minutes.
2. Meanwhile, heat 1 tablespoon butter in a large ovenproof skillet over medium-high heat. Season the chicken on both sides with salt, pepper and the chopped rosemary. Add the chicken to the skillet and cook until browned on the bottom, about 6 minutes. Flip and cook 2 more minutes, then pour the cider into the skillet around the chicken. Transfer to the lower oven rack and roast until just cooked through, 10 to 12 minutes.
3. Transfer the chicken to a cutting board to rest and return the skillet to medium-high heat. Simmer until the pan sauce is reduced by half, about 1 minute. Remove from the heat and swirl in the remaining 1 tablespoon butter and the vinegar; season with salt and pepper.
4. Slice the chicken and divide among plates along with the roasted vegetables and apple. Spoon the sauce over the chicken.

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**Workers' Compensation for
Uninsured Employers**



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What's Happening In Van Nuys & Southern California

Sep 10

LA Kings 5K
Redondo Beach

Sep 23

Michael Buble
Crypto.com Arena

Sep 24

Bonnie Raitt
Greek Theatre

Oct 14-15

Pepe Aguilar
Crypto.com Arena

Oct 16

Sherman Oaks Street
Fair 30th Edition
Sherman Oaks
Chamber of
Commerce

Oct 16

Ringo Starr & His All
Starr Band
Greek Theatre

Oct 30

Marc Anthony
LA Forum

